



## FEP Medical Policy Manual

### FEP 9.03.18 Optical Coherence Tomography of the Anterior Eye Segment

**Annual Effective Policy Date: July 1, 2024**

**Original Policy Date: June 2012**

**Related Policies:**

9.03.06 - Ophthalmologic Techniques That Evaluate the Posterior Segment for Glaucoma

## Optical Coherence Tomography of the Anterior Eye Segment

### Description

#### Description

Optical coherence tomography is a noninvasive, high-resolution imaging method that can be used to visualize ocular structures. Optical coherence tomography of the anterior segment is being evaluated as a noninvasive diagnostic and screening tool for detecting angle-closure glaucoma, for presurgical evaluation, surgical guidance, and for assessing complications following surgical procedures. It is also being studied as a tool to evaluate the pathologic processes of dry eye syndrome, tumors, uveitis, and infections.

#### OBJECTIVE

The objective of this evidence review is to evaluate whether optical coherence tomography of the anterior eye segment improves health outcomes compared with existing technologies in individuals with angle-closure glaucoma, undergoing anterior eye surgery or experiencing postsurgical complications, or anterior eye segment disease or pathology.

#### POLICY STATEMENT

Scanning computerized ophthalmic (eg, optical coherence tomography) imaging of the anterior eye segment is considered **investigational**.

## POLICY GUIDELINES

None

## BENEFIT APPLICATION

Experimental or investigational procedures, treatments, drugs, or devices are not covered (See General Exclusion Section of brochure).

## FDA REGULATORY STATUS

Multiple optical coherence tomography systems have been cleared for marketing by the U.S. Food and Drug Administration (FDA) through the 510(k) process (Table 1). Examples of approved systems are the Visante™ OCT (Carl Zeiss Meditec; FDA product code: HLI); the RTVue (Optovue; FDA product code: OBO) and the Slitlamp optical coherence tomography (SL-OCT; Heidelberg Engineering; FDA product code: MXK).

The microscope-integrated optical coherence tomography devices for intraoperative use include the ReScan 700 (Zeiss; FDA product code: OBO) and the iOCT system (Haag-Streit).

Portable devices for intraoperative use include the Bioptigen Envisu™ (Bioptigen; FDA product code: HLI) and the Optovue iVue (Optovue; FDA product code: OBO). Ultrahigh-resolution optical coherence tomography devices include the SOCT Copernicus HR (Optopol Technologies; FDA product code OBO).

Commercially available laser systems, such as the LenSx (Alcon), Catalys (OptiMedica), and VICTUS (Technolas Perfect Vision), include optical coherence tomography to provide image guidance for laser cataract surgery. FDA product code: OOE.

Custom-built devices, which do not require FDA approval, are also used.

The anterior chamber Cornea optical coherence tomography (Ophthalmic Technologies) is not cleared for marketing in the United States.

**Table 1. Ocular Imaging Devices Cleared by the U.S. Food and Drug Administration**

| Device  | Manufacturer                | Date Cleared | 510(k) No. | Product Code  | Indication                                    |
|---|-----------------------------|--------------|------------|---------------|---|
| 3D optical coherence tomography 3D OCT-1 (type: Maestro2) | Topcon Corporation          | 10/30/2023   | K231222    | OBO, HKI      | Anterior segment optical coherence tomography |
| SOLIX   | Optovue, Inc.               | 11/9/2022    | K222166    | OBO, HKI, HLI | Anterior segment optical coherence tomography |
| Tomey Cornea/Anterior Segment OCT CASIA2                  | Tomey Corporation           | 4/27/2022    | K213265    | OBO           | Anterior segment optical coherence tomography |
| Anterion  | Heidelberg Engineering GmbH | 11/5/2021    | K211817    | OBO           | Anterior segment optical coherence tomography |
| Pentacam AXL Wave   | Oculus Optikgerate GmbH     | 10/21/2020   | K201724    | MXK           | Anterior segment optical coherence tomography |
| Xephilio OCT-A1   | Canon                       | 7/24/2019    | K182942    | OBO, HLI      | Anterior segment optical coherence tomography |
| Avanti  | Optovue Inc.                | 6/8/2018     | K180660    | OBO           | Anterior segment optical coherence tomography |
| iVue  | Optovue Inc.                | 6/9/2017     | K163475    | OBO           | Anterior segment optical coherence tomography |

The policies contained in the FEP Medical Policy Manual are developed to assist in administering contractual benefits and do not constitute medical advice. They are not intended to replace or substitute for the independent medical judgment of a practitioner or other health care professional in the treatment of an individual member. The Blue Cross and Blue Shield Association does not intend by the FEP Medical Policy Manual, or by any particular medical policy, to recommend, advocate, encourage or discourage any particular medical technologies. Medical decisions relative to medical technologies are to be made strictly by members/patients in consultation with their health care providers. The conclusion that a particular service or supply is medically necessary does not constitute a representation or warranty that the Blue Cross and Blue Shield Service Benefit Plan covers (or pays for) this service or supply for a particular member.

|   |                                |           |         |     |   |
|---|--------------------------------|-----------|---------|-----|---|
| VX130 Ophthalmic Diagnostic Device                | Luneau SAS                     | 4/24/2017 | K162067 | HKX | Anterior segment optical coherence tomography |
| LSFG-NAVI   | Softcare Co. Ltd               | 5/12/2016 | K153239 | HKI | Anterior segment optical coherence tomography |
| RTVue XR OCT Avanti with AngioVue Software        | Optovue, Inc.                  | 2/11/2016 | K153080 | HLI | Anterior segment optical coherence tomography |
| Pentacam AXL                                      | Oculus Optikgerate GmbH        | 1/20/2016 | K152311 | MXK | Anterior segment optical coherence tomography |
| EnFocus 2300 EnFocus 4400                         | Bioptigen Inc.                 | 12/2/2015 | K150722 | HLI | Anterior segment optical coherence tomography |
| ARGOS   | Santec Corporation             | 10/2/2015 | K150754 | MXK | Anterior segment optical coherence tomography |
| OCT-Camera  | OptoMedical Technologies GmbH  | 3/4/2015  | K142953 | HLI | Anterior segment optical coherence tomography |
| Propper Insight Binocular Indirect Ophthalmoscope | Propper Manufacturing Co. Inc. | 9/17/2014 | K141638 | HLI | Anterior segment optical coherence tomography |
| CenterVue Macular Integrity Assessment            | CenterVue SpA                  | 4/23/2014 | K133758 | HLI | Anterior segment optical coherence tomography |
| Amico DH-W35 Ophthalmoscope Series                | Amico Diagnostic Inc.          | 3/26/2014 | K131939 | HLI | Anterior segment optical coherence tomography |
| IVUE 500  | Optovue, Inc.                  | 3/19/2014 | K133892 | HLI | Anterior segment optical coherence tomography |

## RATIONALE

### Summary of Evidence

For individuals who are being evaluated for angle-closure glaucoma who receive anterior segment optical coherence tomography (AS-OCT), the evidence includes a systematic review, case series, and cohort studies. Relevant outcomes are test accuracy, symptoms, change in disease status, and morbid events. Current literature consists primarily of assessments of qualitative and quantitative imaging and detection capabilities. Ideally, a diagnostic test should be evaluated based on its diagnostic accuracy and clinical utility. Studies have shown that AS-OCT detects more eyes with narrow or closed angles than gonioscopy, suggesting that the sensitivity of optical coherence tomography may be higher than that of gonioscopy. However, because of clinical follow-up and validation studies, it is not clear to what degree these additional cases are true-positives or false-positives and, therefore, the specificity and predictive values cannot be determined. The evaluation of diagnostic performance depends, therefore, on evidence that the additional eyes identified with narrow-angle by AS-OCT are at higher risk for primary angle-closure glaucoma. Results from a study with mid-term follow-up have shown that some patients identified with angle-closure on AS-OCT will develop angle-closure on gonioscopy after several years, but that there may also be a large number of false-positive results. Longer-term studies are needed to determine whether eyes classified as closed-angle by AS-OCT are at higher risk of developing primary angle-closure glaucoma. It is also not known whether early detection of angle-closure will improve outcomes in individuals who do not have symptoms of angle-closure. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

For individuals who are being evaluated for anterior eye surgery or postsurgical complications who receive AS-OCT, the evidence includes case series. Relevant outcomes are test accuracy, symptoms, change in disease status, and morbid events. Use of AS-OCT has been reported for presurgical evaluation, surgical guidance, and monitoring for postsurgical complications. There is some evidence that the high-resolution images provided by AS-OCT are superior to results from slit-lamp examination or gonioscopy for some indications. However, current literature is very limited. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

For individuals who have anterior eye segment disease or pathology who receive AS-OCT, the evidence includes case series. Relevant outcomes are test accuracy, symptoms, change in disease status, and morbid events. The evidence related to the use of AS-OCT for anterior segment disease or pathology (eg, dry eye syndrome, tumors, uveitis, infections) is limited, and does not support improvements in imaging compared with alternative diagnostic techniques. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

## SUPPLEMENTAL INFORMATION

### Practice Guidelines and Position Statements

Guidelines or position statements will be considered for inclusion in "Supplemental Information" if they were issued by, or jointly by, a US professional society, an international society with US representation, or National Institute for Health and Care Excellence (NICE). Priority will be given to guidelines that are informed by a systematic review, include strength of evidence ratings, and include a description of management of conflict of interest.

#### American Academy of Ophthalmology

In 2020, the American Academy of Ophthalmology published a preferred practice pattern on primary angle closure disease.<sup>19</sup> The Academy stated that gonioscopy of both eyes should be performed on all patients in whom primary angle closure disease is suspected to evaluate the angle anatomy, including the presence of iridotrabecular contact and/or peripheral anterior synechiae, and plateau iris configuration. Anterior segment imaging may be a useful adjunct to gonioscopy and is particularly helpful when the ability to perform gonioscopy is precluded by corneal disease or poor patient cooperation. Although anterior segment optical coherence tomography can be very useful, it has limitations in evaluating the angle. Neither the posterior aspect of the iris nor the ciliary body are well imaged with anterior segment optical coherence tomography, reducing the utility of this approach in evaluating plateau iris configuration or ciliary body abnormalities. Isolated peripheral anterior synechiae or small tufts of neovascularization may be missed if not in the plane imaged by anterior segment optical coherence tomography.

### U.S. Preventive Services Task Force Recommendations

Not applicable.

#### Medicare National Coverage

There is no national coverage determination. In the absence of a national coverage determination, coverage decisions are left to the discretion of local Medicare carriers.

## REFERENCES

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## POLICY HISTORY - THIS POLICY WAS APPROVED BY THE FEP® PHARMACY AND MEDICAL POLICY COMMITTEE ACCORDING TO THE HISTORY BELOW:

| Date           | Action          | Description  |
|----------------|-----------------|--|
| June 2012      | New policy.     |  |
| June 2013      | Replace policy. | Policy updated with literature search, Policy title changed to Optical Coherence Tomography (OCT) of the Anterior Eye Segment; references added and reordered, policy statement unchanged.               |
| June 2014      | Replace policy. | Policy updated with literature search, adding reference 13. The policy statement was unchanged.  |
| June 2015      | Replace policy. | Policy updated with literature search, adding references 11, 12 and 18,19. No changes were made to the policy statement.   |
| September 2016 | Replace policy. | Policy updated with literature review through July 12, 2016; references 11 and 17 added. Policy statement unchanged.   |
| June 2018      | Replace policy. | Policy updated with literature review through January 26, 2018; references 9 added. Policy statement unchanged except "not medically necessary" corrected to "investigational" due to FDA 501(k) status. |
| June 2019      | Replace policy. | Policy updated with literature review through January 6, 2019; no references added. Policy statement unchanged.  |
| June 2020      | Replace policy  | Policy updated with literature review through January 13, 2020; no references added. Policy statement unchanged.   |
| June 2021      | Replace policy  | Policy updated with literature review through January 27, 2021; no references added. Policy statement unchanged.   |
| June 2022      | Replace policy  | Policy updated with literature review through January 23, 2022; reference added. Policy statements unchanged.  |
| June 2023      | Replace policy  | Policy updated with literature review through January 20, 2023; no references added. Policy statements unchanged.  |
| June 2024      | Replace policy  | Policy updated with literature review through January 29, 2024; references added. Policy statements unchanged.   |

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