

Federal Employee Program.

Blue Cross Blue Shield Association 750 9th St NW, Suite 900 Washington, D.C. 20001 1-800-624-5060 Fax 1-877-378-4727

### 5.30.019

Section: Subsection:	Prescriptio Endocrine	0	Effective Date: Original Policy Date:	October 1, 2024 September 18, 2015
Subject:	SGLT2 Inh	bitors	Page:	1 of 8
Last Review Date: September 6, 2024				

### SGLT2 Inhibitors

#### **Description**

Brenzavvy\* (bexagliflozin), Invokana (canagliflozin), Invokamet, Invokamet XR (canagliflozin & metformin), Steglatro (ertugliflozin), Steglujan (ertugliflozin & sitagliptin), Segluromet (ertugliflozin & metformin) \*Prior authorization for certain formulations applies only to formulary exceptions due to being a non-covered medication. Please

review plan formulary options.

#### Background

Brenzavvy (bexagliflozin), Invokana (canagliflozin), Invokamet, Invokamet XR (canagliflozin and metformin), Steglatro (ertugliflozin), Steglujan (ertugliflozin and sitagliptin), and Segluromet (ertugliflozin and metformin) are oral sodium-glucose co-transporter 2 (SGLT2) inhibitors indicated as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus. They should not be used to treat type 1 diabetes; in those who have increased ketones in their blood or urine (diabetic ketoacidosis); or in those with severe renal impairment, end stage renal disease, or in patients on dialysis. They work by blocking the reabsorption of glucose by the kidney, increasing glucose excretion, and lowering blood glucose levels in patients with diabetes who have elevated blood glucose levels (1-7).

#### **Regulatory Status**

FDA-approved indications for SGLT2 Inhibitors: Brenzavvy, Invokana, Invokamet, Invokamet XR, Steglatro, Steglujan, and Segluromet: They are sodium-glucose co-transporter 2 (SGLT2) inhibitors indicated as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus (1-7).

Section:	Prescription Drugs	Effective Date:	October 1, 2024
Subsection:	Endocrine and Metabolic Agents	<b>Original Policy Date:</b>	September 18, 2015
Subject:	SGLT2 Inhibitors	Page:	2 of 8

Invokana, Invokamet, and Invokamet XR are also indicated to reduce the risk of major adverse cardiovascular events in adults with type 2 diabetes mellitus and established cardiovascular disease (1-3).

Invokana, Invokamet, and Invokamet XR are also indicated to reduce the risk of end-stage kidney disease, doubling of serum creatinine, cardiovascular death, and hospitalization for heart failure in adults with type 2 diabetes mellitus and diabetic nephropathy with albuminuria (1-3).

#### Limitation of Use:

SGLT2 Inhibitors should not be used for treatment of type 1 diabetes mellitus or diabetic ketoacidosis (1-7).

Metformin has a boxed warning for lactic acidosis which can occur due to metformin accumulation. The risk increases with conditions such as renal impairment, sepsis, dehydration, excess alcohol intake, hepatic impairment, and acute congestive heart failure (2).

SGLT2 inhibitors are contraindicated in patients with severe renal impairment, end-stage renal disease (ESRD), or dialysis. SGLT2 inhibitors increase serum creatinine and decrease eGFR. Renal function should be evaluated prior to initiating SGLT2 inhibitor therapy and periodically thereafter (1-7).

Renal function and eGFR have an effect on the SGLT2 inhibitor dosing. Brenzavvy is not recommended in patients with an eGFR less than 30 mL/min/1.73m<sup>2</sup>. The use of Steglatro, Steglujan, and Segluromet is not recommended in patients with an eGFR is below 45 mL/min/1.73m<sup>2</sup>. Invokana should not be initiated in patients with an eGFR less than 30 mL/min/1.73 m<sup>2</sup>, however patients with albuminuria greater than 300 mg/day may continue 100 mg once daily to reduce the risk of ESKD, doubling of serum creatinine, CV death, and hospitalization for heart failure. Invokamet and Invokamet XR should not be continued in patients with eGFR less than 30 mL/min/1.73 m<sup>2</sup>. A dose reduction is limited to no more than 50mg twice daily for Invokamet and Invokamet XR if the eGFR is between 30 to less than 60 mL/min/1.73m<sup>2</sup> (1-7).

Safety and effectiveness of SGLT2 inhibitors in patients under 18 years of age have not been established (1-7).

FDA safety review has resulted in adding warnings to the labels of a specific class of type 2 diabetes medicines called sodium-glucose cotransporter-2 (SGLT2) inhibitors about the risks of too much acid in the blood and of serious urinary tract infections. Both conditions can result in

Section:	Prescription Drugs	Effective Date:	October 1, 2024
Subsection:	Endocrine and Metabolic Agents	Original Policy Date:	September 18, 2015
Subject:	SGLT2 Inhibitors	Page:	3 of 8

hospitalization. Health care professionals should assess for ketoacidosis and urinary tract infections in patients taking SGLT2 inhibitors who present with suggestive symptoms. Ketoacidosis associated with the use of SGLT2 inhibitors can occur even if the blood sugar level is not very high. FDA also identified 19 cases of life-threatening blood infections (urosepsis) and kidney infections (pyelonephritis) that started as urinary tract infections with the SGLT2 inhibitors (8).

Off-label and alternative uses of Brenzavvy, Invokana, Invokamet, Invokamet XR, Steglatro, Steglujan, and Segluromet such as enhancement of weight loss and diabetes prevention are not approved by the FDA.

#### Related policies

GLP-1 Agonists, Insulin GLP-1 Combinations, Metformin, Mounjaro, SGLT2 Step Policy, Trijardy XR

#### Policy

This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.

SGLT2 inhibitors may be considered **medically necessary** if the conditions indicated below are met.

SGLT2 inhibitors may be considered investigational for all other indications.

### **Prior-Approval Requirements**

Age 18 years of age or older

#### Diagnosis

Patient must have the following:

Type 2 diabetes mellitus

AND ALL of the following:

- 1. Inadequate treatment response, intolerance, or contraindication to metformin **AND ONE** of the drugs from the following drug classes:
  - a. Alpha-glucosidase inhibitor
  - b. Dipeptidyl peptidase 4 inhibitors (DPP-4)

Section:	Prescription Drugs	Effective Date:	October 1, 2024
Subsection:	Endocrine and Metabolic Agents	<b>Original Policy Date:</b>	September 18, 2015
Subject:	SGLT2 Inhibitors	Page:	4 of 8

- c. Thiazolidinedione
- d. Glucagon-like peptide-1 receptor agonists (GLP-1)
- 2. Patient must have a HgbA1C greater than 7.0%
- 3. Patient has an eGFR greater than or equal to **ONE** of the following:
  - a. Patients on Brenzavvy: ≥ 30 mL/min/1.73m<sup>2</sup>
  - b. Patients on Steglatro, Steglujan, and Segluromet: ≥ 45 mL/min/1.73m<sup>2</sup>
  - c. Patients on **Invokana 100mg**: ≥ 30 mL/min/1.73m<sup>2</sup> **OR** patient has albuminuria greater than 300 mg/day
  - d. Patients on Invokana > 100mg: ≥ 60 mL/min/1.73m<sup>2</sup>
  - e. Patients on **Invokamet or Invokamet XR 50mg**: ≥ 30 mL/min/1.73m<sup>2</sup>
  - f. Patients on Invokamet or Invokamet XR > 50mg: ≥ 60 mL/min/1.73m<sup>2</sup>
- 4. **NO** dual therapy with other SGLT2 inhibitors (see Appendix 1)
- 5. Patient **MUST** have tried at least **TWO** of the preferred products (see Appendix 2) unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)

**AND NOT** to be used for the following:

- 1. Diabetic ketoacidosis (DKA)
- 2. Prevention of diabetes
- 3. Exclusively used for weight loss

### Prior – Approval Renewal Requirements

Age 18 years of age or older

#### Diagnosis

Patient must have the following:

Type 2 diabetes mellitus

#### AND ALL of the following:

- 1. Condition has improved or stabilized on the therapy
- 2. **NO** dual therapy with other SGLT2 inhibitors (see Appendix 1)
- 3. Patient has an eGFR greater than or equal to **ONE** of the following:

Section:	Prescription Drugs	Effective Date:	October 1, 2024
Subsection:	Endocrine and Metabolic Agents	<b>Original Policy Date:</b>	September 18, 2015
Subject:	SGLT2 Inhibitors	Page:	5 of 8

- a. Patients on **Brenzavvy**: ≥ 30 mL/min/1.73m<sup>2</sup>
- b. Patients on Steglatro, Steglujan, and Segluromet: ≥ 45 mL/min/1.73m<sup>2</sup>
- c. Patients on **Invokana 100mg**: ≥ 30 mL/min/1.73m<sup>2</sup> **OR** patient has albuminuria greater than 300 mg/day
- d. Patients on Invokana > 100mg: ≥ 60 mL/min/1.73m<sup>2</sup>
- e. Patients on Invokamet or Invokamet XR 50mg: ≥ 30 mL/min/1.73m<sup>2</sup>
- f. Patients on Invokamet or Invokamet XR > 50mg: ≥ 60 mL/min/1.73m<sup>2</sup>
- 4. Patient **MUST** have tried at least **TWO** of the preferred products (see Appendix 2) unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)

**AND NOT** to be used for the following:

- 1. Diabetic ketoacidosis (DKA)
- 2. Prevention of diabetes
- 3. Exclusively used for weight loss

#### **Policy Guidelines**

#### **Pre - PA Allowance**

None

### **Prior - Approval Limits**

Duration 12 months

### Prior – Approval Renewal Limits

Same as above

#### Rationale

#### Summary

SGLT2 inhibitors are indicated as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus. Renal function should be monitored during SGLT2s therapy. SGLT2 Inhibitors should not be used for treatment of type 1 diabetes mellitus or diabetic ketoacidosis (1-7).

Section:	Prescription Drugs	Effective Date:	October 1, 2024
Subsection:	Endocrine and Metabolic Agents	<b>Original Policy Date:</b>	September 18, 2015
Subject:	SGLT2 Inhibitors	Page:	6 of 8

Prior authorization is required to ensure the safe, clinically appropriate, and cost-effective use of SGLT2 inhibitors while maintaining optimal therapeutic outcomes.

#### References

Policy History

- 1. Invokana [package insert] Titusville, NJ: Janssen Pharmaceuticals, Inc.; July 2023.
- 2. Invokamet [package insert] Titusville, NJ: Janssen Pharmaceuticals, Inc.; January 2024.
- 3. Invokamet XR [package insert] Titusville, NJ: Janssen Pharmaceuticals, Inc.; January 2024.
- 4. Steglatro [package insert] Whitehouse Station, NJ: Merck & Co., Inc.; June 2024.
- 5. Steglujan [package insert] Whitehouse Station, NJ: Merck & Co., Inc.; June 2024.
- 6. Segluromet [package insert] Whitehouse Station, NJ: Merck & Co., Inc.; June 2024.
- 7. Brenzavvy [package insert]. Marlborough, MA: TheracosBio, LLC; September 2023.
- 8. FDA News Release. FDA Drug Safety Communication: FDA revises labels of SGLT2 inhibitors for diabetes to include warnings about too much acid in the blood and serious urinary tract infections. December 4, 2015.

Policy History	
Date	Action
September 2015	New addition to PA
December 2015	Annual editorial review and reference update
March 2016	Annual editorial review
	Addition of inadequate treatment response, intolerance, or contraindication to one of the following: alpha-glucosidase inhibitor, sulfonylurea, or
	thiazolidinedione; addition of eGFR 's for the different medications
	Changed the wording of weight loss to exclusively used for weight loss
	Policy number change from 5.07.19
September 2016	Annual editorial review and reference update
October 2016	Addition of Invokamet XR
December 2016	Annual review
January 2017	Addition of Synjardy XR
March 2017	Annual editorial review and reference update
lune 2017	Addition of Qtern and the age requirement in the renewal section
June 2017	Annual editorial review Addition of dipeptidyl peptidase 4 inhibitors (DPP-4) and glucagon-like
	peptide-1 receptor agonists (GLP-1) to the tried and failed requirement
	Removal of sulfonylurea from the tried and failed requirement
January 2018	Addition of Steglatro, Steglujan, and Segluromet

Section:	Prescription Drugs	Effective Date:	October 1, 2024
Subsection:	Endocrine and Metabolic Agents	Original Policy Date:	September 18, 2015
Subject:	SGLT2 Inhibitors	Page:	7 of 8

March 2018	Annual editorial review
	Change in initiation criteria from: inadequate treatment response, intolerance, or contraindication to metformin monotherapy, to inadequate
	treatment response, intolerance, or contraindication to metformin.
June 2018	Annual review and reference update
	Addition of eGFR requirement to the renewal section and the removal of no severe renal impairment, ESRD, or on dialysis
November 2018	Annual editorial review and reference update. Updated Invokana,
	Invokamet, and Invokamet XR indications. Removed Step Edit SGLT2s
	from policy: Farxiga, Qtern, Jardiance, Glyxambi, Synjardy, Synjardy XR, Xigduo XR
November 2019	Reduced Invokana 100 mg required eGFR from $\geq$ 45 to $\geq$ 30
December 2019	Annual review and reference update. Addition of requirement to trial
	preferred products
June 2020	Annual review and reference update
September 2020	Annual review. Revised eGFR limits for Invokana, Invokamet, and
	Invokamet XR and added the option of albuminuria > 300 mg/day for
	Invokana 100 mg. Also removed boxed warning statement for lower limb amputation for Invokana, Invokamet, and Invokamet XR
November 2020	Addition of Trijardy XR
January 2021	Removal of Trijardy XR to its own policy
March 2021	Annual review
October 2021	Revised eGFR limit for Steglatro, Steglujan, and Segluromet to $\ge 45$ mL/min/1.73m <sup>2</sup>
December 2021	Annual review
September 2022	Annual review and reference update. Addition of Appendix 1
September 2023	Annual review. Added Inpefa to Appendix 1
December 2023	Annual editorial review. Addition of Brenzavvy to policy
September 2024	Annual review and reference update
Keywords	

This policy was approved by the FEP® Pharmacy and Medical Policy Committee on September 6, 2024 and is effective on October 1, 2024.

Section:	Prescription Drugs	Effective Date:	October 1, 2024
Subsection:	Endocrine and Metabolic Agents	<b>Original Policy Date:</b>	September 18, 2015
Subject:	SGLT2 Inhibitors	Page:	8 of 8

### Appendix 1 - List of SGLT2 Inhibitors

Generic Name	Brand Name
bexagliflozin	Brenzavvy
canagliflozin	Invokana
canagliflozin/metformin	Invokamet/Invokamet XR
dapagliflozin	Farxiga
dapagliflozin/metformin	Xigduo XR
dapagliflozin/saxagliptin	Qtern
empagliflozin	Jardiance
empagliflozin/linagliptin	Glyxambi
empagliflozin/linagliptin/metformin	Trijardy XR
empagliflozin/metformin	Synjardy/Synjardy XR
ertugliflozin	Steglatro
ertugliflozin/metformin	Segluromet
ertugliflozin/sitagliptin	Steglujan
sotagliflozin	Inpefa

### Appendix 2 - List of Preferred SGLT2 Inhibitors

Generic Name	Brand Name
dapagliflozin	Farxiga
dapagliflozin/metformin	Xigduo XR
dapagliflozin/saxagliptin	Qtern
empagliflozin	Jardiance
empagliflozin/linagliptin	Glyxambi
empagliflozin/metformin	Synjardy
empagliflozin/metformin	Synjardy XR