

Federal Employee Program.

Blue Cross Blue Shield Association 750 9th St NW, Suite 900 Washington, D.C. 20001 1-800-624-5060 Fax 1-877-378-4727

## 5.90.022

Section: Prescription Drugs Effective Date: April 1, 2025

Subsection: Topical Products Original Policy Date: October 7, 2016

Subject: Cyclosporine Ophthalmics Page: 1 of 7

Last Review Date: March 7, 2025

## Cyclosporine Ophthalmics

### **Description**

Cequa, Vevye\* (cyclosporine ophthalmic solution)

Restasis (cyclosporine ophthalmic emulsion)

Verkazia (cyclosporine ophthalmic emulsion)

\*Prior authorization for the brand formulation applies only to formulary exceptions due to being a noncovered medication.

### **Background**

Cyclosporine is an immunosuppressant agent when administered systemically. Following ocular administration, cyclosporine is thought to act by blocking the release of pro-inflammatory cytokines such as IL-2 (1-4).

#### **Regulatory Status**

FDA-approved indications:

**Restasis** is a topical immunomodulator indicated to increase tear production in patients whose tear production is presumed to be suppressed due to ocular inflammation associated with keratoconjunctivitis sicca. Increased tear production was not seen in patients currently taking topical anti-inflammatory drugs or using punctal plugs (1).

**Cequa** is a calcineurin inhibitor immunosuppressant indicated to increase tear production in patients with keratoconjunctivitis sicca (dry eye) (2).

Section: Prescription Drugs Effective Date: April 1, 2025

Subsection: Topical Products Original Policy Date: October 7, 2016

Subject: Cyclosporine Ophthalmics Page: 2 of 7

**Verkazia** is a calcineurin inhibitor immunosuppressant indicated for the treatment of vernal keratoconjunctivitis (VKC) in children and adults (3).

**Vevye** is a calcineurin inhibitor immunosuppressant indicated for the treatment of the signs and symptoms of dry eye disease (4).

The safety and effectiveness of Restasis in pediatric patients less than 16 years of age have not been established. The safety and effectiveness of Cequa and Vevye in pediatric patients less than 18 years of age have not been established. The safety and effectiveness of Verkazia in pediatric patients less than 4 years of age have not been established (1-4).

### Related policies

Eysuvis, Tyrvaya, Xiidra

### Policy

This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.

Cyclosporine ophthalmics may be considered **medically necessary** if the conditions indicated below are met.

Cyclosporine ophthalmics may be considered **investigational** for all other indications.

## **Prior-Approval Requirements**

### Restasis, Cequa, and Vevye only

Age 16 years of age and older for Restasis ONLY

18 years of age and older for Cequa and Vevye ONLY

### Diagnosis

Patient must have the following:

- 1. Chronic dry eye or decreased tear production
  - a. Ocular inflammation associated with keratoconjunctivitis sicca

Section: Prescription Drugs Effective Date: April 1, 2025

Subsection: Topical Products Original Policy Date: October 7, 2016

Subject: Cyclosporine Ophthalmics Page: 3 of 7

b. Anti-inflammatory ophthalmic medications may be used concurrently for a short period (2-4 weeks) while transitioning to monotherapy with cyclosporine ophthalmic

- c. **NO** dual therapy with another legend ophthalmic for the treatment of dry eyes (see Appendix 1)
- d. **NO** dual therapy with another cyclosporine ophthalmic medication

### Verkazia only

**Age** 4 years of age and older

### **Diagnosis**

Patient must have the following:

- 1. Vernal keratoconjunctivitis (VKC)
  - a. Patient is symptomatic (e.g., itching, photophobia, or mucus discharge)
  - b. Inadequate treatment response, intolerance, or contraindication to artificial tears
  - Inadequate treatment response, intolerance, or contraindication to a topical mast cell stabilizer (such as cromolyn or Alomide) and/or a topical antihistamine (such as azelastine or ketotifen)
  - d. **NO** dual therapy with another cyclosporine ophthalmic medication

## Prior – Approval Renewal Requirements

### Restasis, Cequa, and Vevye only

Age 16 years of age and older for Restasis ONLY

18 years of age and older for Cequa and Vevye ONLY

### **Diagnosis**

Patient must have the following:

- 1. Chronic dry eye or decreased tear production
  - a. Patient has had an improvement in symptoms
  - b. **NO** concurrent use of anti-inflammatory ophthalmic medications
  - c. **NO** dual therapy with another legend ophthalmic for the treatment of dry eyes (see Appendix 1)

Section: Prescription Drugs Effective Date: April 1, 2025

Subsection: Topical Products Original Policy Date: October 7, 2016

Subject: Cyclosporine Ophthalmics Page: 4 of 7

d. **NO** dual therapy with another cyclosporine ophthalmic medication

### Verkazia only

Age 4 years of age and older

### **Diagnosis**

Patient must have the following:

- 1. Vernal keratoconjunctivitis (VKC)
  - a. Patient has had an improvement in symptoms
    - b. **NO** dual therapy with another cyclosporine ophthalmic medication

## **Policy Guidelines**

### Pre - PA Allowance

None

## **Prior – Approval Limits**

Medication	Quantity Limits
Restasis 0.05% single use vials	180 vials every 90 days
Restasis 0.05% multidose bottles	4 bottles (5.5 mL each) every 84 days

OR

Medication	Quantity Limits
Cequa 0.09% single use vials	180 vials every 90 days

OR

Medication	Quantity Limits
Verkazia single-dose vials	360 vials every 90 days

OR

Medication with approved Formulary Exception only	Quantity Limits
Vevye multidose bottles	3 bottles (2 mL each) every 90 days

**Duration** 12 months

Section:Prescription DrugsEffective Date:April 1, 2025Subsection:Topical ProductsOriginal Policy Date:October 7, 2016

Subject: Cyclosporine Ophthalmics Page: 5 of 7

### Prior - Approval Renewal Limits

Same as above

### Rationale

### **Summary**

Cyclosporine ophthalmics are used to treat chronic dry eye as a result of keratoconjunctivitis sicca or to treat vernal keratoconjunctivitis. The safety and effectiveness of Restasis in pediatric patients less than 16 years of age have not been established. The safety and effectiveness of Cequa and Vevye in pediatric patients less than 18 years of age have not been established. The safety and effectiveness of Verkazia in pediatric patients less than 4 years of age have not been established (1-4).

Prior approval is required to ensure the safe, clinically appropriate, and cost-effective use of Cyclosporine ophthalmics while maintaining optimal therapeutic outcomes.

### References

- 1. Restasis [package insert]. North Chicago, IL:: AbbVie; September 2024.
- 2. Cequa [package insert]. Cranbury, NJ: Sun Pharmaceutical Industries, Inc.; July 2022.
- 3. Verkazia [package insert]. Emeryville, CA: Santen Inc.; June 2022.
- 4. Vevye [package insert]. Nashville, TN: Harrow Eye, LLC; August 2023.

Policy History	
Date	Action
October 2016 November 2016	New addition to PA Addition of 5.5 mL multidose bottle and no dual therapy with another legend ophthalmic for the treatment of dry eyes
March 2017	Annual review
September 2018	Annual review and reference update Addition of Cequa to PA, changed policy name to Cyclosporine Ophthalmics
March 2019	Annual review
September 2020 March 2021	Annual review and reference update
March 2021 March 2022 May 2022	Annual editorial review and reference update Annual review and reference update Addition of Verkazia to policy per FEP
June 2022	Annual review. Added Tyrvaya to Appendix 1

Section: Prescription Drugs Effective Date: April 1, 2025

Subsection: Topical Products Original Policy Date: October 7, 2016

Subject: Cyclosporine Ophthalmics Page: 6 of 7

July 2022 Added requirement of no dual therapy with another cyclosporine

ophthalmic to Restasis and Cequa indications

September 2022 Annual review

March 2023 Annual review and reference update

December 2023 Annual review

January 2024 Addition of Vevye to PA requiring formulary exception

March 2024 Annual review

March 2025 Annual review and reference update

**Keywords** 

This policy was approved by the FEP® Pharmacy and Medical Policy Committee on March 7, 2025 and is effective on April 1, 2025.

Section: Prescription Drugs Effective Date: April 1, 2025

Subsection: Topical Products Original Policy Date: October 7, 2016

Subject: Cyclosporine Ophthalmics Page: 7 of 7

## **Appendix 1 - List of Legend Ophthalmic Medications for Dry Eye**

Generic Name	Brand Name
cyclosporine	Cequa
cyclosporine	Restasis
cyclosporine	Vevye
lifitegrast	Xiidra
loteprednol	Eysuvis
perfluorohexyloctane	Miebo
varenicline	Tyrvaya

<sup>\*</sup>Verkazia is not approved for dry eye